

| | Event | Age Group | County | H/F |
|-----|--------------------|--------------------|--------------|-------|
| T1 | 10:00 300m | U15 Girls | Bucks | Heats |
| T2 | 10:08 | U15 Girls | Oxon | Heats |
| T3 | 10:16 300m | U15 Boys | Bucks | Heats |
| T4 | 10:24 300m | U15 Boys | Oxon | Final |
| T5 | 10:28 300m | U17 Women | Bucks | Final |
| T6 | 10:32 300m | U17 Women | Oxon | Final |
| T7 | 10:40 400m | U20 Women | Bucks & Oxon | Final |
| T8 | 10:45 400m | Senior Women | Bucks & Oxon | Final |
| T9 | 10:50 400m | U17 Men | Bucks & Oxon | Final |
| T10 | 10:55 400m | U20 Men | Bucks | Final |
| T11 | 11:00 | U20 Men | Oxon | Final |
| T12 | 11:05 400m | Senior Men | Bucks | Final |
| T13 | 11:10 | Senior Men | Oxon | Final |
| T14 | 11:20 100m | U13 Girls | Bucks | Heats |
| T15 | 11:32 100m | U13 Girls | Oxon | Heats |
| T16 | 11:48 100m | U13 Boys | Bucks | Heats |
| T17 | 12:00 100m | U13 Boys | Oxon | Final |
| T18 | 12:04 100m | U15 Girls | Bucks | Heats |
| T19 | 12:16 100m | U15 Girls | Oxon | Heats |
| T20 | 12:24 100m | U15 Boys | Bucks | Heats |
| T21 | 12:36 100m | U15 Boys | Oxon | Heats |
| T22 | 12:45 100m | U17 Women | Bucks | Final |
| T23 | 12:50 100m | U17 Women | Oxon | Heats |
| T24 | 12:58 100m | U17 Men | Bucks | Heats |
| T25 | 13:04 100m | U17 Men | Oxon | Final |
| T26 | 13:15 300m | U15 Girls | Bucks | Final |
| T27 | 13:20 300m | U15 Girls | Oxon | Final |
| T28 | 13:25 300m | U15 Boys | Bucks | Final |
| T29 | 13:30 100m | U13 Girls | Bucks | Final |
| T30 | 13:34 100m | U13 Girls | Oxon | Final |
| T31 | 13:38 100m | U13 Boys | Bucks | Final |
| T32 | 13:42 100m | U13 Boys | Oxon | Final |
| T33 | 13:44 100m | U15 Girls | Bucks | Final |
| T34 | 13:48 100m | U15 Girls | Oxon | Final |
| T35 | 13:52 100m | U15 Boys | Bucks | Final |
| T36 | 13:56 100m | U15 Boys | Oxon | Final |
| T37 | 14:00 100m | U17 Women | Oxon | Final |
| T38 | 14:04 100m | U17 Men | Bucks | Final |
| T39 | 14:08 100m | U20 Women | Bucks | Final |
| T40 | 14:12 100m | U20 Women | Oxon | Final |
| T41 | 14:16 100m | U20 Men | Bucks & Oxon | Final |
| T42 | 14:20 100m | Senior Women | Bucks & Oxon | Final |
| T43 | 14:24 100m | Senior Men | Bucks | Final |
| T44 | 14:28 100m | Senior Men | Oxon | Final |
| T45 | 14:40 1500m | U13 Girls | Bucks | T/T |
| T46 | 14:56 1500m | U13 Girls | Oxon | Final |
| T47 | 15:04 1500m | U13 Boys | Bucks | T/T |
| T48 | 15:20 1500m | U13 Boys | Oxon | Final |
| T49 | 15:30 75m Hurdles | U15 Girls | Bucks | Heats |
| T50 | 15:38 75m Hurdles | U15 Girls | Oxon | Heats |
| T51 | 15:53 1500m | U15 Girls | Bucks | T/T |
| T52 | 16:07 1500m | U15 Girls | Oxon | Final |
| T53 | 16:18 80m Hurdles | U17 Women | Bucks | Final |
| T54 | 16:22 80m Hurdles | U17 Women | Oxon | Final |
| T55 | 16:24 80m Hurdles | U15 Boys | Bucks & Oxon | Final |
| T56 | 16:30 1500m | U15 Boys | Bucks | T/T |
| T57 | 16:42 1500m | U15 Boys | Oxon | Final |
| T58 | 16:48 1500m | U17 Women | Bucks & Oxon | Final |
| T59 | 16:54 1500m | U17 Men | Bucks | T/T |
| T60 | 17:10 100m Hurdles | U17 Men | Bucks & Oxon | Final |
| T61 | 17:04 100m Hurdles | U20 & Senior Women | Bucks & Oxon | Final |
| T62 | 17:15 1500m | U17 & U20 Men | Oxon | Final |
| T63 | 17:21 1500m | U20 & Senior Women | Bucks | Final |
| T64 | 17:27 1500m | U20 & Sen Women | Oxon | Final |
| T65 | 17:33 1500m | U20 Men | Bucks | Final |
| T66 | 17:39 1500m | Senior Men | Bucks & Oxon | Final |
| T67 | 17:50 110m Hurdles | U20 & Senior Men | | Final |
| T68 | 17:55 75m Hurdles | U15 Girls | Bucks | Final |
| T69 | 18:00 75m Hurdles | U15 Girls | Oxon | Final |

| | Time | Event | Age Group | County | H/F |
|------|-------|--------------|---------------------|--------------|-------|
| T70 | 10:00 | 300m Hurdles | U17 Women | Bucks & Oxon | Final |
| T71 | 10:10 | 400m Hurdles | U20 & Sen Women | Bucks & Oxon | Final |
| T72 | 10:15 | 400m Hurdles | U17 & U20 & Sen Men | Oxon | Final |
| T73 | 10:25 | 200m | U13 Girls | Bucks | Heats |
| T74 | 10:35 | 200m | U13 Girls | Oxon | Heats |
| T75 | 10:50 | 200m | U13 Boys | Bucks | Final |
| T76 | 10:55 | 200m | U13 Boys | Oxon | Final |
| T77 | 11:00 | 200m | U15 Girls | Bucks | Heats |
| T78 | 11:10 | 200m | U15 Girls | Oxon | Heats |
| T79 | 11:25 | 200m | U15 Boys | Bucks | Heats |
| T80 | 11:35 | 200m | U15 Boys | Oxon | Heats |
| T81 | 11:45 | 200m | U17 Women | Bucks | Heats |
| T82 | 11:45 | 200m | U17 Women | Oxon | Heats |
| T83 | 11:55 | 200m | U17 Men | Bucks | Final |
| T84 | 12:00 | 200m | U17 Men | Oxon | Final |
| T85 | 12:05 | 200m | U20 Women | Bucks | Final |
| T86 | 12:10 | 200m | U20 Women | Oxon | Final |
| T87 | 12:15 | 200m | U20 Men | Bucks | Final |
| T88 | 12:20 | 200m | U20 Men | Oxon | Final |
| T89 | 12:25 | 200m | Senior Women | Bucks | Final |
| T90 | 12:30 | 200m | Senior Women | Oxon | Final |
| T91 | 12:35 | 200m | Sen Men | Bucks | Final |
| T92 | 12:40 | 200m | Sen Men | Oxon | Heats |
| T93 | 13:00 | 70m Hurdles | U13 Girls | Bucks | Heats |
| T94 | 13:04 | 70m Hurdles | U13 Girls | Oxon | Heats |
| T95 | 13:15 | 75m Hurdles | U13 Boys | Bucks & Oxon | Final |
| T96 | 13:19 | 75m Hurdles | U13 Boys | Oxon | Final |
| T97 | 13:30 | 800m | U13 Girls | Bucks | T/T |
| T98 | 13:40 | 800m | U13 Girls | Oxon | Final |
| T99 | 13:45 | 800m | U13 Boys | Bucks | T/T |
| T100 | 14:00 | 800m | U13 Boys | Oxon | Final |
| T101 | 14:05 | 800m | U15 Girls | Bucks | Heats |
| T102 | 14:20 | 800m | U15 Girls | Oxon | Heats |
| T103 | 14:30 | 800m | U15 Boys | Bucks | Heats |
| T104 | 14:45 | 800m | U15 Boys | Oxon | Final |
| T105 | 14:55 | 800m | U17 Women | Bucks | Heats |
| T106 | 15:05 | 800m | U17 Women | Oxon | Final |
| T107 | 15:10 | 800m | U17 Men | Bucks | Heats |
| T108 | 15:20 | 800m | U17 Men | Oxon | Final |
| T109 | 15:25 | 800m | U20 Women | Bucks & Oxon | Final |
| T110 | 15:30 | 800m | U20 Men | Bucks | Final |
| T111 | 15:35 | 800m | U20 Men | Oxon | Final |
| T112 | 15:40 | 800m | Senior Women | Bucks & Oxon | Final |
| T113 | 15:50 | 800m | Senior Men | Bucks | Final |
| T114 | 15:55 | 800m | Senior Men | Oxon | Final |
| T115 | 16:05 | 70m Hurdles | U13 Girls | Bucks | Final |
| T116 | 16:10 | 70m Hurdles | U13 Girls | Oxon | Final |
| T117 | 16:20 | 200m | U13 Girls | Bucks | Final |
| T118 | 16:25 | 200m | U13 Girls | Oxon | Final |
| T119 | 16:30 | 200m | U15 Girls | Bucks | Final |
| T120 | 16:35 | 200m | U15 Girls | Oxon | Final |
| T121 | 16:40 | 200m | U15 Boys | Bucks | Final |
| T122 | 16:45 | 200m | U15 Boys | Oxon | Final |
| T123 | 16:50 | 200m | U17 Women | Bucks | Final |
| T124 | 16:55 | 200m | U17 Women | Oxon | Final |
| T125 | 17:00 | 200m | Senior Men | Oxon | Final |
| T126 | 17:05 | 800m | U15 Girls | Bucks | Final |
| T127 | 17:10 | 800m | U15 Girls | Oxon | Final |
| T128 | 17:15 | 800m | U15 Boys | Bucks | Final |
| T129 | 17:20 | 800m | U17 Women | Bucks | Final |
| T130 | 17:25 | 800m | U17 Men | Bucks | Final |