

000000OXFORDSHIRE AA CHAMPIONSHIP BEST PERFORMANCES

U13 Girls				
100m	Jemma Gregory	AAAC	2006	13.4
	Alexandra Cross	Radley AC	2010	13.32
200m	Naomi Taplin	OCAC	1994	26.9
800m	Beatrice Swords	OCAC	2004	02:24.3
1500m	Melissa Hawtin	OCAC	2005	04:54.8
70m Hurdles	Kim Smith	Rad	2002	11.9
Long Jump	Naomi Taplin	OCAC	1994	4.65m
High Jump	Rebecca Scott	BanH	2012	1.52m
Pole Vault	Samantha Phillips	BanH	2010	1.70m
Shot Put	Lucy Sutton	OCAC	1998	8.86m
Discus	Sarah Hughes	BanH	1984	25.80m
Javelin	Lucy Boggis	Rad	2001	30.80m
4x100m		OCAC	1979	58.79
U15 Girls				
100m	Megan Edwards	Oxf C	2004	12.4
200m	Alysha Charles	Oxf C	1994	25.6
300m	Ella Turner	Oxf C	2014	41.66
800m	Beatrice Swords	Oxf C	2006	02:13.6
1500m	Nichola Slater	Radley	1991	04:46.0
3000m	Melissa Hawtin	Oxf C	2006	10:14.7
75m Hurdles	Lucy Boggis	Radley	2003	11.5
	Kirsty Warland	Oxf C	2006	11.5
Long Jump	Natasha Turner	Oxf C	1990	5.46m
Triple Jump	Freya Tubb	Reading AC	2011	10.07m
High Jump	Elaine Hickey	Radley	1978	1.68m
Pole Vault	Amy Peacock	Banbury Harriers	2003	2.40m
Shot Put (3kg)	Petrina Chantler Edmond	Radley	2015	9.78m
Discus Throw	Sarah Symonds	Oxf C	1990	42.02m
Hammer (3 kg)	Ella Lovibond	Radley	2016	43.30m
Javelin (500g)	Shannon Dawes	BanH	2015	31.76m
U17 Women				
100m	Karen Rist	Radley	1993	11.9
200m	Karen Rist	Radley	1993	24.3
300m	Claire Triggs	Radley	2004	39.7
800m	Beatrice Swords	Oxf C	2008	02:12.3
1500m	Hannah England	Oxf C	2002	04:37.1
3000m	Nichola Slater	Radley	1993	10:13.5
80m Hurdles	Kirsty Warland	Oxf C	2008	11.6

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	Jade O'Dowda	Oxf C	2016	11.57
300m Hurdles	Rachel Smith	Oxf C	1992	44.00
	Claire Triggs	Radley	2004	44.00
Long Jump	Jade O'Dowda	Oxf C	2016	5.88m
Triple Jump	Rachel Brenton	Radley	2001	11.89m
High Jump	Barbara Simmonds	Oxf C	1978	1.79m
Pole Vault	Caroline Smith	Radley	1999	2.50m
Shot Put (3 kg)	Luisa Chantler Edmond	Radley	2015	12.64m
Discus	Sarah Symonds	Oxf C	1990	42.02m
Hammer (3 kg)	Ella Lovibond	Radley	2018	53.09m
Javelin (500 g)	Victoria Harte	Radley	2017	33.73m
U20 Women				
100m	Tara Kafke	Radley	2008	12.1
200m	Claire Trigg	Radley	2007	25.1
400m	Ella Turner	Oxf C	2018	56.70
800m	Hannah England	Oxf C	2005	02:09.9
1500m	Lynn Gibson	Oxf C	1987	04:37.9
3000m	Anna Curtis	Banbury	1990	10:31.3
100m H	Alice Hopkins	Oxf C	2016	14.53
400m H	Alice Byles	Oxf C	2017	61.82
Long Jump	Natasha Turner	Oxf C	1993	5.80m
Triple Jump	Rachel Brenton	Radley	2004	12.68m
High Jump	Kay Reynolds	Radley	1985	1.65m
	Katie Hetherington	Oxf C	2017	1.65m
Pole Vault	Caroline Smith	Radley	2000	2.90m
Shot Put	Luisa Chantler Edmond	Radley	2018	12.01m
Discus	Sarah Symonds	Oxf C	1987	50.80m
Hammer	Emma O'Hara	Radley	2013	55.60m
Javelin	Sarah Painter	Radley	1988	43.64m
Senior Women				
100m	Yinka Idowu	Oxf C	1992	11.8
200m	Debbie Warner	Radley	1984	24.6
400m	Elizabeth Braithwaite	Oxf U	2006	56.4
800m	Sarah Alt	Oxf C	1980	02:09.3
1500m	Lynn Gibson	Oxf C	1989	04:33.6
3000m	Lynn Gibson	Oxf C	1989	09:50.7
100m H	Heather Ross	Bris	1984	13.5
400m H	Martine Bomb	Oxf U	2006	62.3
Long Jump	Yinka Idowu	Oxf C	1992	6.69m
Triple Jump	Rachel Brenton	Radley	2006	12.75m

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High Jump	Elaine Hickey	Radley	1984	1.78m
Pole Vault	Clara Blatter	Oxf U	2012	3.65m
Shot Put	Marcia Mariott	Oxf C	1988	12.16m
Discus	Anna Niedbala	Oxf U	2016	44.58m
Hammer	Aislinn Baird	Radley	2017	45.82m
Javelin	Tracy Averies	Radley	1984	49.38m
U13 Boys				
100m	Lyran Bazzi	Abingdon	2016	13.13
200m	S Foster	St Birinus School	1991	26.9
800m	Henry Channon	Oxf C	2017	2.16.08
1500m	Quinn Miell-Ingram	Radley	2018	04:46.7
75m Hurdles	Freddy Loveland	Bracknell	2015	21:36.0
Long Jump	Jamie Farr	Oxf C	1985	5.33m
High Jump	Tim Greenwood	Oxf C	1995	1.65m
Shot Put	Thomas Boshier	Bicester	2009	9.76m
Discus	Connor G Sugden	Radley	2004	23.70m
Javelin	Freddie Curtis	Bicester	2007	40.39m
U15 Boys				
100m	Adrian Reid	Oxf C	2004	11.8
200m	Chris Williams	Oxf C	2005	24.2
300m	Jack Spencer	Great Milton AC	2017	38.88
800m	Christian von Eitzen	Radley	2011	02:04.5
1500m	Christian von Eitzen	Radley	2011	4:22.92
3000m	Matthew Ashton	WRR	1999	09:40.3
80m Hurdles	Tim Greenwood	Oxf C	1997	11.7
Long Jump	Peter Watson	Oxf C	1995	6.00m
Triple Jump	S Foster	St. Birinus School	1993	11.74m
High Jump	Tim Greenwood	Oxf C	1996	1.80m
Pole Vault	G Slowley	Oxf C	1985	2.70m
Shot Put	Chris Symonds	Oxf C	1985	14.87m
Discus Throw	Matthew Symonds	Oxf C	1983	47.46m
Hammer Throw	Martin Klucnics	Oxf C	2003	38.39m
Javelin	Redford Curtis	Mil K	2011	52.17m
U17 Men				
100m	Ryan Craze	Radley	2015	10.94
200m	Jonathan Lodowski	Abingdon	2004	22.9
	Ryan Craze	Radley	2015	22.85
400m	Ben Claridge	White Horse Harriers	2014	49.53

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800m	Ben Claridge	White Horse Harriers	2014	1:57.11
1500m	Kevin Wickes	Oxf C	1993	04:06.1
	Christian Von Eitzen	Vale of Aylesbury	2013	4:06.03
3000m	Matthew Young	Oxf C	1992	08:45.8
5000m	Owen Knox	Banbury	2017	17:29.9
100m Hurdles	Edward Burgess	Bic	2012	13.37
400m Hurdles	Peter Barnshaw	Abingdon	2010	56.09
1500m S/C	David Tripé	BanH	1992	04:47.6
Long Jump	Tim Greenwood	Oxf C	1998	6.53m
Triple Jump	James Wright	Banbury	2009	14.26m
High Jump	Lee Whittingham	Oxf C	1986	1.95m
Pole Vault	Neil Turner	Oxf C	1983	4.30m
Shot Put	Chris Symonds	Oxf C	1987	15.70m
Discus Throw	Chris Symonds	Oxf C	1987	51.70m
Hammer Throw	Michael Dawes	Banbury	2015	52.45m
Javelin	Freddie Curtis	Mil K	2010	59.80m

U20 Men

100m	Sebastian Tully-Middleton	Birchfield	2009	10.87
200m	Alfie Rowett	Banbury	2016	21.9
400m	Ben Claridge	White Horse Harriers	2016	48.48
800m	Ian Robinson	Banbury	1989	01:54.7
1500m	Miles Ravenhill	Oxf C	1987	03:58.9
3000m	Matthew Young	WiWG	1994	08:32.2
110m Hurdles	Richard Sear	Oxf C	1997	15.0
	Oscar Boughan	Reading	2015	15.0
400m Hurdles	Jonny Lodowski	Abindon	2006	55.2
2000m S/C	Ashley Agar	Rdg	1987	06:24.9
Long Jump	Carl Howard	Oxf C	1993	7.25m
Triple Jump	Nathan Douglas	Oxf C	2001	14.52m
High Jump	Peter Watson	Oxf C	1999	1.98m
Pole Vault	Neil Turner	Oxf C	1993	4.30m
Shot Put	Matthew Symonds	Oxf C	1989	16.17m
Discus Throw	Matthew Symonds	Oxf C	1987	50.80m
Hammer Throw	Michael Dawes	Banbury	2017	49.93m
Javelin	Redford Curtis	Mil K	2015	57.40m

Senior Men

100m	Lawrence Clarke	WSEH	2012	10.64
200m	Sebastian Tully-Middleton	Birchfield	2010	21.93
400m	Simon Grant	NEB	1989	47.7
800m	Chris Van Reese	Banbury	1980	01:53.8

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1500m	Tom Penfold	Birchfield	2008	03:53.0
3000m	Peter Wilson	VWH	1991	08:21.9
110m Hurdles	Ashley Johnson	Radley	2013	14.50
400m Hurdles	Andy Edwards	WSEH	1993	53.1
Long Jump	Russell Turner	Oxf C	1994	6.95m
Triple Jump	Sean Gourly	Oxf U	2006	14.21m
High Jump	David Parsons	Oxf C	1984	2.00m
Pole Vault	Glyn Slowly	NEB	1991	4.20m
Shot Put	William Palmer	Oxf U	1956	16.31m
Discus	Perriss Wilkins	Banbury	2002	64.34m
Hammer	John Osazuwa	Army	2002	59.08m
Javelin	M Green	Oxf C	1988	59.90m