

000000OXFORDSHIRE AA CHAMPIONSHIP BEST PERFORMANCES

U13 Girls				
100m	Jemma Gregory	Abingdon AC	2006	13.4
	Alexandra Cross	Radley AC	2010	13.32
200m	Naomi Taplin	OCAC	1994	26.9
800m	Beatrice Swords	OCAC	2004	02:24.3
1500m	Melissa Hawtin	OCAC	2005	04:54.8
70m Hurdles	Annie Jonkers	Reading AC	2019	11.64
Long Jump	Naomi Taplin	OCAC	1994	4.65m
High Jump	Rebecca Scott	Banbury Harriers AC	2012	1.52m
Pole Vault	Samantha Phillips	Banbury Harriers AC	2010	1.70m
Shot Put	Lucy Sutton	OCAC	1998	8.86m
Discus	Sarah Hughes	Banbury Harriers AC	1984	25.80m
Javelin	Lucy Boggis	Radley AC	2001	30.80m
4x100m		OCAC	1979	58.79
U15 Girls				
100m	Megan Edwards	OCAC	2004	12.4
200m	Alysha Charles	OCAC	1994	25.6
300m	Ella Turner	OCAC	2014	41.66
800m	Beatrice Swords	OCAC	2006	02:13.6
1500m	Nichola Slater	Radley AC	1991	04:46.0
3000m	Melissa Hawtin	OCAC	2006	10:14.7
75m Hurdles	Lucy Boggis	Radley AC	2003	11.5
	Kirsty Warland	OCAC	2006	11.5
Long Jump	Natasha Turner	OCAC	1990	5.46m
Triple Jump	Freya Tubb	Reading AC	2011	10.07m
High Jump	Elaine Hickey	Radley AC	1978	1.68m
Pole Vault	Amy Peacock	Banbury Harriers AC	2003	2.40m
Shot Put (3kg)	Lily Martin	OCAC	2019	10.89m
Discus Throw	Sarah Symonds	OCAC	1990	42.02m
Hammer (3 kg)	Ella Lovibond	Radley AC	2016	43.30m
Javelin (500g)	Lily Peach	OCAC	2019	33.10m
U17 Women				
100m	Karen Rist	Radley AC	1993	11.9
200m	Karen Rist	Radley AC	1993	24.3
300m	Claire Triggs	Radley AC	2004	39.7
800m	Beatrice Swords	OCAC	2008	02:12.3
1500m	Hannah England	OCAC	2002	04:37.1
3000m	Nichola Slater	Radley AC	1993	10:13.5
80m Hurdles	Kirsty Warland	OCAC	2008	11.6

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	Jade O'Dowda	OCAC	2016	11.57
300m Hurdles	Rachel Smith	OCAC	1992	44.00
	Claire Triggs	Radley AC	2004	44.00
Long Jump	Jade O'Dowda	OCAC	2016	5.88m
Triple Jump	Rachel Brenton	Radley AC	2001	11.89m
High Jump	Barbara Simmonds	OCAC	1978	1.79m
Pole Vault	Emily Scrivener	Reading AC	2019	3.10m
Shot Put (3 kg)	Luisa Chantler Edmond	Radley AC	2015	12.64m
Discus	Sarah Symonds	OCAC	1990	42.02m
Hammer (3 kg)	Ella Lovibond	Radley AC	2018	53.09m
Javelin (500 g)	Victoria Harte	Radley AC	2017	33.73m

U20 Women

100m	Tara Kafke	Radley AC	2008	12.1
200m	Claire Trigg	Radley AC	2007	25.1
400m	Ella Turner	OCAC	2018	56.70
800m	Hannah England	OCAC	2005	02:09.9
1500m	Lynn Gibson	OCAC	1987	04:37.9
3000m	Anna Curtis	Banbury Harriers AC	1990	10:31.3
100m H	Alice Hopkins	OCAC	2016	14.53
400m H	Alice Byles	OCAC	2017	61.82
Long Jump	Natasha Turner	OCAC	1993	5.80m
Triple Jump	Rachel Brenton	Radley AC	2004	12.68m
High Jump	Kay Reynolds	Radley AC	1985	1.65m
	Katie Hetherington	OCAC	2017	1.65m
Pole Vault	Caroline Smith	Radley AC	2000	2.90m
Shot Put	Luisa Chantler Edmond	Radley AC	2018	12.01m
Discus	Sarah Symonds	OCAC	1987	50.80m
Hammer	Emma O'Hara	Radley AC	2013	55.60m
Javelin	Sarah Painter	Radley AC	1988	43.64m

Senior Women

100m	Yinka Idowu	OCAC	1992	11.8
200m	Debbie Warner	Radley AC	1984	24.6
400m	Elizabeth Braithwaite	OUAC	2006	56.4
800m	Sarah Alt	OCAC	1980	02:09.3
1500m	Lynn Gibson	OCAC	1989	04:33.6
3000m	Lynn Gibson	OCAC	1989	09:50.7
100m H	Heather Ross	Bristol AC	1984	13.5
400m H	Martine Bomb	OUAC	2006	62.3
Long Jump	Yinka Idowu	OCAC	1992	6.69m
Triple Jump	Rachel Brenton	Radley AC	2006	12.75m

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High Jump	Elaine Hickey	Radley AC	1984	1.78m
Pole Vault	Clara Blatter	OUAC	2012	3.65m
Shot Put	Marcia Mariott	OCAC	1988	12.16m
Discus	Kathryn Woodcock	Radley AC	2019	48.53m
Hammer	Aislinn Baird	Radley AC	2017	45.82m
Javelin	Tracy Averies	Radley AC	1984	49.38m
U13 Boys				
100m	Lyran Bazzi	Abingdon AC	2016	13.13
200m	S Foster	St Birinus School	1991	26.9
800m	Henry Channon	OCAC	2017	2.16.08
1500m	Quinn Miell-Ingram	Radley AC	2018	04:46.7
75m Hurdles	Freddy Loveland	Bracknell AC	2015	13.39
Long Jump	Jamie Farr	OCAC	1985	5.33m
High Jump	Tim Greenwood	OCAC	1995	1.65m
Shot Put	Thomas Boshier	Bicester AC	2009	9.76m
Discus	Connor G Sugden	Radley AC	2004	23.70m
Javelin	Freddie Curtis	Bicester AC	2007	40.39m
U15 Boys				
100m	Archie Jones	Banbury Harriers AC	2019	11.58
200m	Chris Williams	OCAC	2005	24.2
300m	Jack Spencer	Great Milton AC	2017	38.88
800m	Christian von Eitzen	Radley AC	2011	02:04.5
1500m	Henry Channon	OCAC	2019	4:18.71
3000m	Matthew Ashton	Witney Road Runne	1999	09:40.3
80m Hurdles	Tim Greenwood	OCAC	1997	11.7
Long Jump	Peter Watson	OCAC	1995	6.00m
Triple Jump	S Foster	St.Birinus School	1993	11.74m
High Jump	Tim Greenwood	OCAC	1996	1.80m
Pole Vault	G Slowley	OCAC	1985	2.70m
Shot Put	Chris Symonds	OCAC	1985	14.87m
Discus Throw	Matthew Symonds	OCAC	1983	47.46m
Hammer Throw	Martin Klucnics	OCAC	2003	38.39m
Javelin	Redford Curtis	Marshall Milton Key	2011	52.17m
U17 Men				
100m	Ryan Craze	Radley AC	2015	10.94
200m	Jonathan Lodowski	Abingdon AC	2004	22.9
	Ryan Craze	Radley AC	2015	22.85
400m	Ben Claridge	White Horse Harriers	2014	49.53

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800m	Ben Claridge	White Horse Harriers	2014	1:57.11
1500m	Kevin Wickes	OCAC	1993	04:06.1
	Christian Von Eitzen	Vale of Aylesbury AC	2013	4:06.03
3000m	Matthew Young	OCAC	1992	08:45.8
5000m	Owen Knox	Banbury Harriers AC	2017	17:29.9
100m Hurdles	Edward Burgess	Bicester AC	2012	13.37
400m Hurdles	Peter Barnshaw	Abingdon AC	2010	56.09
1500m S/C	David Tripé	Banbury Harriers AC	1992	04:47.6
Long Jump	Tim Greenwood	OCAC	1998	6.53m
Triple Jump	James Wright	Banbury Harriers AC	2009	14.26m
High Jump	Lee Whittingham	OCAC	1986	1.95m
Pole Vault	Neil Turner	OCAC	1983	4.30m
Shot Put	Chris Symonds	OCAC	1987	15.70m
Discus Throw	Chris Symonds	OCAC	1987	51.70m
Hammer Throw	Michael Dawes	Banbury Harriers AC	2015	52.45m
Javelin	Freddie Curtis	Marshall Milton Key	2010	59.80m

U20 Men

100m	Sebastian Tully-Middleton	Birchfield Harriers	2009	10.87
200m	Alfie Rowett	Banbury Harriers AC	2016	21.9
400m	Ben Claridge	White Horse Harriers	2016	48.48
800m	Ian Robinson	Banbury Harriers AC	1989	01:54.7
1500m	Miles Ravenhill	OCAC	1987	03:58.9
3000m	Matthew Young	Wood Green School	1994	08:32.2
110m Hurdles	Richard Sear	OCAC	1997	15.0
	Oscar Boughan	Reading AC	2015	15.0
400m Hurdles	Jonny Lodowski	Abindon AC	2006	55.2
2000m S/C	Ashley Agar	Reading AC	1987	06:24.9
Long Jump	Carl Howard	OCAC	1993	7.25m
Triple Jump	Nathan Douglas	OCAC	2001	14.52m
High Jump	Peter Watson	OCAC	1999	1.98m
Pole Vault	Neil Turner	OCAC	1993	4.30m
Shot Put	Matthew Symonds	OCAC	1989	16.17m
Discus Throw	Matthew Symonds	OCAC	1987	50.80m
Hammer Throw	Michael Dawes	Banbury Harriers AC	2017	49.93m
Javelin	Redford Curtis	Marshall Milton Key	2015	57.40m

Senior Men

100m	Lawrence Clarke	WSEH	2012	10.64
200m	Sebastian Tully-Middleton	Birchfield Harriers	2010	21.93
400m	Simon Grant	Newham & Essex Be	1989	47.7
800m	Chris Van Reese	Banbury Harriers	1980	01:53.8

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1500m	Tom Penfold	Birchfield Harriers	2008	03:53.0
3000m	Peter Wilson	White Horse Harrier	1991	08:21.9
110m Hurdles	Ashley Johnson	Radley AC	2013	14.50
400m Hurdles	Andy Edwards	WSEH	1993	53.1
Long Jump	Russell Turner	OCAC	1994	6.95m
Triple Jump	Sean Gourly	OUAC	2006	14.21m
High Jump	David Parsons	OCAC	1984	2.00m
Pole Vault	Glyn Slowly	NEB	1991	4.20m
Shot Put	William Palmer	OUAC	1956	16.31m
Discus	Perriss Wilkins	Banbury Harriers	2002	64.34m
Hammer	John Osazuwa	Army AC	2002	59.08m
Javelin	M Green	OCAC	1988	59.90m