Guidance for Field Judges on Record of Experience

Duties allocated:

When giving the events you have judged at within each competition you need to include:

- Age group
- Gender
- Event(s)
- The Name of the Field Referee at each meeting (there is no need for a signature, the name is sufficient)

Duties within each event(s) – as they would appear on the duty sheet.

Accreditation as a Level 1 Field official

For accreditation as a Level 1 Field official you need to have officiated in at least four (4) different competitions/meetings.

Within those for meetings Field officials must have judged:

- A Shot Put
- A Long Throw (Hammer, Discus or Javelin)
- A Horizontal Jump (Long Jump or Triple Jump), and
- A Vertical Jump (High Jump or Pole Vault)

Example(s) of Field Duties:

Duties for each judge would be listed on the Duty Sheet, but could include the following examples:

- U15 Girls Shot Rear of circle, arm action, exit, tape pull through, supervise warm-up.
- U17 Men Long Jump Board, flags, measure, card.
- U20 Women Hammer Leader, call-up, horn, front and side of circle, exit, flags, measure, card.
- Senior Men High Jump Card 2, set bar, validity of jump, flags, measure, supervise warm-up.
- U17, U20 & Senior Women Pole Vault Adjust stands and set bar, card 2, measure, hands on bar, plane of box, supervise warm-up.
- U15 Girls Javelin Validity of landing.
- U20 Men's Hammer EDM operator, card 1.

Self Analysis/Reflection

(Only required to be completed by candidates wishing to progress beyond Level 1)

- This section of the Logbook is designed to provide opportunities for candidates to critically evaluate their
 own performance as an official at each meeting/event. Maximum of three (3) self-reflection sentences per
 meeting.
- This should include reference to what have been done **well**, as well as identifying areas for further personal development.
- Using, as a framework, what would/should be expected from officials in terms of qualities, knowledge and application of rules, to identify how well candidates have performed. These could include:
 - Confidence
 - Decision making
 - · Communication skills
 - Ability to work as a member of a team, and/or lead a team of officials
 - Punctuality to events
 - Knowledge of the Technical rules and ability to apply them correctly and effectively
 - · Ability to use equipment, such as EDM
 - Ensuring events start on time and move at a brisk/good pace
 - Accuracy and neatness of cards

Possible Self Analysis/Reflection Responses

•	I asked for clarification about from a more experienced official. His/her answer/response confirmed that my understanding of the rule was correct/that I need to re read the rules on
•	I arrived at[event]
	o in good time to assist with the warm-up.
	o before the start of [event] but during warm-up, because
	o after the [event] had started, because
•	I ensured the [event] started on time and moved at a brisk/good pace.
•	My card(s) was/were neat and accurate.
0	While my card(s) were accurate I need to work on their presentation.
0	Although the card(s) was/were neat I made one/a couple/a number of mistakes, due to
•	I reached the point of landing quickly and was accurate in my spiking.
•	I worked well as a member of the [event] team.
•	I led the [event] with confidence.
0	My confidence as an event member/leader grew during the day/meeting.
0	I don't feel confident leading an event yet, because
•	I communicated well with the athletes/other officials/spectators.
0	I am quiet and need to communicate more effectively with [examples as above].
•	When operating the EDM I found the point of landing quickly/easily and was able to measure the distance within [average time].
0	I sometimes had difficulty finding the point of landing. Distances were measured within [average time].
•	I worked effectively with the other judges when raking the pit, ensuring the sand was level without undue delay.
•	I maintained concentration throughout the [event]/day, ensuring all safety procedures were followed.
•	I followed all safety procedures in [event(s)], ensuring implements were returned correctly and promptly.
•	I occasionally lost concentration during the [event]/day because
•	I worked effectively with the other judge, ensuring the bar (and stands) was/were set without delaying the competition.

I was confident in my decision making/in some of my decisions.