

OXFORDSHIRE ATHLETIC ASSOCIATION
Oxfordshire 2019 Track & Field Championships
To be held jointly with Buckinghamshire *Under UKA Rules*
Saturday 11th & Sunday 12th May 2019 at Horspath Road, Oxford

Track and field events are offered in each age group for both male and female athletes.
A list of all Championships events is attached.

AGE GROUPS AND QUALIFICATIONS

U13	(School Years 6 & 7)	Aged 11 or 12 on 31/08/2019
U15	(School Years 8 & 9)	Aged 13 or 14 on 31/08/2019
U17	(School Years 10 & 11)	Aged 15 or 16 on 31/08/2019
U20		Aged 17 or over on 31/08/2019 and <u>under 20 on 31/12/2019</u>
Seniors		Aged 20 or over on 31/12/2019

There are no Masters events at these championships. All athletes aged 20 or over on 31/12/2019 will compete with Senior implements and equipment.

Athletes must have an Oxfordshire qualification obtained either by **birth or 9 months' continuous residence** within the former or existing boundaries of the County prior to the date of the competition. Oxford & Oxford Brookes University athletes without an Oxfordshire qualification are welcome to enter as guests.

ENTRY DETAILS

The entry fee is £5 per event, and all entries shall be made using the online website. Entry fees are non-refundable.

The competition organisers reserve the right to restrict the number of entries based on standards and athletes should *not enter events they have not previously attempted and trained for*.

CLOSING DATE is THURSDAY 18th APRIL 2019 (MIDDAY) - no late entries will be accepted

Track events

Heats: Whenever practical the heats will be drawn from athletes from both Counties. Athletes will qualify from the heats to separate County finals. For example: 11 athletes enter from Buckinghamshire and 12 from Oxfordshire. There will be 3 heats with athletes from each county in each heat. The first 2 Oxfordshire athletes from each heat plus 2 fastest losers from Oxfordshire will qualify for the Oxfordshire Final and similarly the first 2 Buckinghamshire athletes in each heat plus the 2 fastest Buckinghamshire losers will go forward to the Buckinghamshire Final.

Finals: If insufficient athletes have entered the Championships to justify heats then the event will be scheduled as a Final. If heats have been timetabled and insufficient athletes report to justify holding heats, then the event will be held at as a final AT THE HEAT TIME.

Seeding: The first round of heats will be seeded based on the times supplied on the application form, which may be verified and appropriately adjusted by the County. Subsequent rounds in all events will be seeded based on times run in previous rounds of the competition.

Field events

Trials: In the horizontal jumps and throwing events, ALL COMPETITORS will be allowed 3 trials. The top six U13s and U15s (irrespective of county) will get one further trial. For other age groups the top six by age group (again, irrespective of county) will get three further trials.

High Jump: Starting heights will be U15 – 1.20m, U17 – 1.35m, all other age groups 1.40m and the bar will be raised in 5cm progressions until only 3 competitors remain from all the age groups starting that competition, when it may be raised by 3 cm.

Pole Vault: Starting heights will be U15G – 1.50m, U15B & U17W – 1.70m, all other age groups 2.00m and the bar will be raised in 10cm progressions until only 3 competitors remain from all the age groups starting that competition, when it may be raised by 5 cm.

Triple Jump Boards: U17W and U20W, 7m and 9m only; U17M and SW 9m and 11m only; U20M and SM 9m, 11m and 13m only.

Registration: Athletes must register **each day** at least an hour before their first event (90 minutes for pole vault). In extreme circumstances, please phone 07752 805369. Athletes must retain their vest numbers throughout the weekend.

Oxfordshire Medals

For the U13, U15 and U17 age groups, Gold, Silver and Bronze medals will be awarded in all events. For U20, and Senior age groups, Gold medals will be awarded to all winners; silver where there are more than 6 entries, and bronze if there are more than 10 entries in the programme. Medals will be available for collection after the announcement of the result.

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SCHEDULE OF EVENTS FOR EACH AGE GROUP

The day on which each event will be held is shown below. ***There are changes to previous years.***
The final timetable will be drawn up after the close of entries and will be posted on the Oxon AA website in the week preceding the event.

SATURDAY

U13 Girls	U15 Girls	U17 Women	U20 Women	Senior Women
100m	100m	100m	100m	100m
1500m	300m	300m	400m	400m
	1500m	1500m	1500m	1500m
	75m Hurdles	80m Hurdles	100m Hurdles	100m Hurdles
Long jump	Long Jump	Long jump	Long jump	Long jump
Javelin	Javelin	Pole Vault	Pole Vault	Pole Vault
	Pole Vault	Hammer	Hammer	Hammer
	Hammer	Javelin	Javelin	Javelin
U13 Boys	U15 Boys	U17 Men	U20 Men	Senior Men
100m	100m	100m	100m	100m
1500m	300m	400m	400m	400m
	1500m	1500m	1500m	1500m
	80m Hurdles	100m Hurdles	110m Hurdles	110m Hurdles
Long jump	Pole vault	Pole vault	Pole vault	Long jump
Javelin	Javelin	Javelin	Javelin	Pole vault
	Hammer	Hammer	Hammer	Javelin
				Hammer

SUNDAY

U13 Girls	U15 Girls	U17 Women	U20 Women	Senior Women
200m	200m	200m	200m	200m
800m	800m	800m	800m	800m
70m Hurdles		300m Hurdles	400m Hurdles	400m Hurdles
High jump	High Jump	High Jump	High Jump	High Jump
Discus	Discus	Triple Jump	Triple Jump	Triple Jump
Shot	Shot	Discus	Discus	Discus
		Shot	Shot	Shot
U13 Boys	U15 Boys	U17 Men	U20 Men	Senior Men
200m	200m	200m	200m	200m
800m	800m	800m	800m	800m
75m Hurdles		400m Hurdles	400m Hurdles	400m Hurdles
High Jump	High Jump	High Jump	High Jump	High Jump
Discus	Long Jump	Long Jump	Long Jump	Discus
Shot	Discus	Discus	Discus	Shot
	Shot	Shot	Shot	Triple Jump
		Triple Jump	Triple Jump	

Athletes in the U13, U15 and U17 age groups are limited to a maximum of three events on each day. U13s and U15s may only do ONE LONG RACE on each day (this may lead to time trials rather than heats and finals).