

**2019 Headington 5M - Oxon Championships Men's Prizes**

Date: Sunday, 25/08/2019. Start: 09:30am.

Venue: OXSRAD Sports &amp; Leisure Centre, Marsh Lane, Marston, Oxfordshire OX3 0NQ

Host Club: Headington Road Runners

Place	RaceNo	GunTime	Name	Club	Cat	Pos
<b>Overall Men:</b>						
1	58	00:26:37	Bolton, James	Woodstock Harriers AC	VM40	1
2	403	00:27:26	Chetwynd, Alan		SM	3
3	41	00:27:37	Lawrence, Duncan	Headington RR	SM	5
<b>Senior Men:</b>						
1	403	00:27:26	Chetwynd, Alan		SM	3
2	41	00:27:37	Lawrence, Duncan	Headington RR	SM	5
3	237	00:28:27	Kelly, Sean	Oxford City AC	SM	7
<b>V40 Men:</b>						
1	58	00:26:37	Bolton, James	Woodstock Harriers AC	VM40	1
2	410	00:30:13	Hill, Marcus	Headington RR	VM40	27
3	186	00:30:22	Papps, Kerry	Eynsham Road Runners	VM40	30
<b>V50 Men:</b>						
1	332	00:30:00	Gaden, Carl	Headington RR	VM50	24
2	61	00:31:56	Phillips, Pearce	Didcot Runners	VM50	44
3	289	00:32:43	Bridges, Graham	Eynsham Road Runners	VM50	55
<b>V60 Men:</b>						
1	400	00:33:26	Thorp, Stewart	Oxford City AC	VM60	65
2	275	00:35:14	Griffiths, John	Headington RR	VM60	94
3	95	00:35:55	Tull, Graham	Reading Roadrunners	VM60	107
<b>V70+ Men:</b>						
1	323	00:38:25	Kimber, Phil	Headington RR	VM70+	154
2	335	00:45:32	Rasgauski, Martin	Hook Norton Harriers	VM70+	289
No Award						
<b>Overall Ladies:</b>						
1	217	00:32:14	Allred, Kate	Eynsham Road Runners	VL45	47
2	153	00:32:34	Stubbs, Isabel	Witney Road Runners	SL	51
3	99	00:32:53	Ridewood, Chloe	Abingdon AC	SL	57
<b>Senior Ladies:</b>						
1	153	00:32:34	Stubbs, Isabel	Witney Road Runners	SL	51
2	99	00:32:53	Ridewood, Chloe	Abingdon AC	SL	57
3	291	00:33:16	Georgiades, Emily	Headington RR	SL	63
<b>V35 Ladies:</b>						
1	11	00:34:51	Wise, Tina	Didcot Runners	VL35	86
2	160	00:35:14	Kay, Lisa	Witney Road Runners	VL35	95
3	309	00:36:00	Reid, Michelle		VL35	108
<b>V45 Ladies:</b>						
1	217	00:32:14	Allred, Kate	Eynsham Road Runners	VL45	47
2	94	00:37:00	Tull, Belinda	Reading AC	VL45	124
3	29	00:38:07	Smith, Lindsey	Witney Road Runners	VL45	148
<b>V55 Ladies:</b>						
1	270	00:37:31	Baldwin, Sharon		VL55	135
2	340	00:39:20	Bates, Katherine	Eynsham Road Runners	VL55	173
3	433	00:40:52	Gettins, Lucy	Compton Harriers RC	VL55	203
<b>V65+ Ladies:</b>						
1	37	00:43:57	Turley, Helen	Headington RR	VL65+	260

Place	RaceNo	GunTime	Name	Club	Cat	Pos	Points	Team Points	Team Pos
<b>Oxon Ladies:</b>									
29	153	00:32:34	Stubbs, Isabel	Witney Road Runners	F	SL	2	32	1
63	264	00:36:01	Howard, Sally	Witney Road Runners	F	VL35	12		
87	29	00:38:07	Smith, Lindsey	Witney Road Runners	F	VL45	18		
43	188	00:34:25	Rycroft, Lucy	White Horse Harriers	F	SL	6	33	2
65	27	00:36:12	Mack, Pippa	White Horse Harriers	F	VL35	13		
66	26	00:36:24	Whiting, Rachel	White Horse Harriers	F	VL35	14		
32	99	00:32:53	Ridewood, Chloe	Abingdon AC	F	SL	3	34	3
55	65	00:35:29	Shelton, Lucy	Abingdon AC	F	SL	10		
98	151	00:39:39	Swarbrick, Jennifer	Abingdon AC	F	VL35	21		
<b>Oxon Men:</b>									
3	41	00:27:37	Lawrence, Duncan	Headington RR	M	SM	1	13	1
6	253	00:29:22	Hewitt, Ian	Headington RR	M	SM	2		
8	349	00:29:51	Blunden, Nathan	Headington RR	M	SM	4		
14	334	00:30:08	Fenning, John	Headington RR	M	SM	6		
7	5	00:29:39	Lock, Matthew	Witney Road Runners	M	SM	3	30	2
20	427	00:30:32	Colbeck, Chris	Witney Road Runners	M	VM40	8		
23	165	00:31:50	Mulcahy, Chris	Witney Road Runners	M	VM40	9		
25	90	00:31:57	Downey, Will	Witney Road Runners	M	SM	10		
13	208	00:30:03	Baker, Tom	Eynsham Road Runners	M	SM	5	39	3
17	186	00:30:22	Papps, Kerry	Eynsham Road Runners	M	VM40	7		
31	289	00:32:43	Bridges, Graham	Eynsham Road Runners	M	VM50	12		
54	147	00:35:26	Goss, Toby	Eynsham Road Runners	M	SM	15		